

Student Wellness Policy Assessment

Site: Renaissance Elem. Charter School Sponsor: Renaissance Charter School

Section 1 Nutrition Education and Promotion	Fully in Place	Partially in Place	Under Development	Not in Place
Health education taught in all grades		✓		
Sequential health education curriculum consistent with standards		✓		
Essential topics on physical activity		✓		
Essential topics on healthy eating		✓		

Section 2 School-based Activities Designed to Promote Student Wellness	Fully in Place	Partially in Place	Under Development	Not in Place
Provide adequate time for students to eat breakfast (at least 10 minutes)		✓		
Provide adequate time for students to eat lunch (at least 20 minutes)	✓			
Access to free drinking water	✓			
Access to hand washing before meals and snacks	✓			

Section 3 Physical Activity	Fully in Place	Partially in Place	Under Development	Not in Place
Recess		✓		
Adequate physical activity facilities			✓	
Adequate time for physical activity		✓		
Prohibit using physical activity as punishment	✓			

Section 4 Nutrition Guidelines for Foods Sold During the School Day	Fully in Place	Partially in Place	Under Development	Not in Place
All foods offered or sold during the school day meet strong nutritional standards	✓			
All beverages offered or sold during the school day meet strong nutritional standards	✓			
Fundraising efforts during school hours meet strong nutritional standards	✓			
Prohibit using food as punishment	✓			

<p><u>Maria Torres</u> Name</p>	<p><u>[Signature]</u> Signature</p>	<p><u>11/9/16</u> Date</p>
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